

Medicine Guidelines

1. If you have any kind of medication with you, even over the counter (OTC), you must have the proper FWISD Medical Information and the FWISD Health Services Department Forms filled out by the family physician and the parent stating you have permission to bring it on the trip. This includes Tylenol, inhalers, epi-pens, prescriptions, etc.
2. Students will not be allowed to carry over the counter (OTC) medicine.
3. If a student needs to take any OTC meds (ibuprofen, Tylenol, Pepto, Dramamine, etc...) only a Chaperone may give the student the medicine. We will always contact the parent/guardian first before distributing the OTC meds. The parent/guardian must then email Mr. Bryant (marcus.bryant@fwisd.org) confirming that the chaperone has permission to give their child OTC meds. If I do not receive an email or if your child does not have permission from a physician, then no OTC meds can be administered. No phone calls will be allowed.
4. **All prescription meds must be given to Mr. Bryant BEFORE we leave Benbrook High School.** The Directors and/or Designated Chaperone is required to hold onto all prescription meds, unless you have permission to self-carry the meds from the parent AND the family physician. Students can only self-carry diabetic meds, prescribed inhalers, and epi-pens. All other prescriptions must be given to Mr. Bryant/Designated Chaperone in their original containers, inside a plastic zip-lock bag with an index card with instructions for distribution inside.
5. The Medical Form is strictly for the Band Directors'/Chaperones' information. The form is required to go on the trip, but it does not give the student permission to take any medicine.

Hotel Guidelines

1. Students are only allowed in their room, the hotel lobby, and the breakfast area. All other floors are off limits. Girls are **NOT** allowed on the guys' floor, and guys are **NOT** allowed on the girls' floor. You will have time to socialize during breakfast and while at the parks.
2. Students are **NOT** allowed in chaperone rooms unless the chaperone is their parent. No exceptions.
3. Students are **NOT** allowed in any other room except their own. If this rule is violated and depending on the severity, a student may be sent home at their parents' expense.
4. Room checks will be done at "**Lights Out**" by the directors and chaperones. For safety reasons, you are not to leave your room after room checks have been done. Adult Chaperones will be in the halls to monitor your rooms. If you decide to make a bad decision by leaving your room after "lights out", depending upon the severity, you may be sent home at your parents' expense.
5. You are **NOT** to leave the hotel.
6. Drugs, tobacco, alcohol, vape pens, e-cigs, and weapons of ANY kind (including pocket knives) are strictly prohibited. Possession of these items will result in immediate removal from the trip at your parents' expense and be dealt with by administration upon return of the trip.

7. **ALL BAND STUDENTS MUST BE AT BREAKFAST. WHETHER YOU ARE EATING OR NOT!**
8. **Do NOT order ROOM SERVICE.**
9. **DO NOT ORDER "delivery" from outside restaurants (pizza hut, etc.).**
10. **The hotel phone is off limits.** Use your cell phones if you need call someone.
11. Be sure to call your family back at home periodically to say "hi." I'm sure they would love to hear from you. ☺
12. There may be over 50 people going on this trip. **Be responsible and respectful to yourself and others at all times.**
13. There are other guests staying in the hotel besides the Benbrook Band. Absolutely no horse play, no running in the halls, no bad language, etc. **Always set a good example.** If you see someone acting inappropriately, be the responsible person and remind them how to act. One person can AND will spoil the entire trip.
14. While in your room, please realize that the walls are not sound-proof. Every chaperone will have a list of students in each room. Do not be loud or cause any problems.
15. **DO NOT OPEN YOUR ROOM DOOR, UNLESS YOUR CHAPERONE or a DIRECTOR HAS CALLED YOU AND SAID THEY ARE COMING TO YOUR ROOM.**
16. **For everyone's safety and well-being, the swimming pool, sauna, weight room, etc. at the hotel is off limits. We do not want anyone getting injured or put in a situation in which they do not feel comfortable.**
17. While at the hotel, use your time wisely and relax (or let other people relax). Each day of the trip is full of fun and exciting stuff to do. Use your hotel time as a time and place to "chill out" and go to sleep. The chaperones want to do that too!
18. **CHECK OUT:** When we check out of the hotel on the final day of the trip, everyone must be in the room at the designated time. The Directors and Chaperones will do a final room inspection to make sure nothing is damaged or missing and that you haven't left anything behind. Don't take the towels, pillows, blankets, etc... please. **They are NOT yours to take.**
19. **Benbrook Middle-High School, the Band Boosters/Chaperones, and the Directors will not be responsible for any lost or stolen items while on this trip.**

Rules, Regulations, and Information

1. Pay attention to all instructions before unloading the bus at our destinations; location the bus is parked, check-in and meeting times, and meeting locations at the end of the day, and other report times and information.
2. Take only what you need into our destination (sunscreen, hat, cell phone, bottle of water, etc.) It is recommended that you take a small backpack with you. It will make life so much easier for you. **Security guards may go through your bags.**
3. **Students must stay in groups of four or more at all times, NO EXCEPTIONS! If a chaperone or director sees someone walking alone or a smaller group, you will hang out with Mr. Bryant (or designated chaperone) for the day, which won't make either of us happy.**
4. Once groups have been decided and given to Mr. Bryant, you must stay in those groups. **Students are not allowed to split into smaller student groups but are allowed to combine groups.** All students must stay together the entire time.

5. **NO PDA (Public Displays of Affection)**
6. Students are **NOT** allowed to leave the designated areas we are attending during the trip.
7. Students will do a **"Visual Check-In"** with their group chaperone **2-3 times per day** in a designated place by your chaperone. If you will be late (e.g., due to a line for a ride, restaurant, etc...), you must contact your chaperone to let them know. Be aware that you are affecting their trip as well by making them wait.
8. More than likely there will be other high school band students in New York City and New Jersey. It is ok to speak with them. However, be warned that if those other high band students are misbehaving, you **MUST** immediately remove yourselves from the situation. Their rules may be different than our rules.
9. Students are not to be late at the end of the day for any reason, including being in line, on a ride, waiting for food, etc...
10. Always say "Please" and "Thank you". **BE POLITE!!!**
11. A **"Band Trip Meeting"** will be held every evening before you are released to go to your room.

Rules for the Charter Bus/Plane

1. Absolutely no **SHOUTING, YELLING, CHANTING, LOUD NOISES/LAUGHING, SINGING, etc...** will be allowed on the bus/plane. We need our drivers/pilot to focus on getting us to our destinations and back home safely.
2. Earphones must be worn with cell phones, video games, IPODS, IPADS, etc...
3. The restroom on the bus is only for **EMERGENCIES**. For the charter bus(es), we may stop every few hours for restroom and stretch breaks. **Everyone may be required to get off the bus at stops. This is not my rule.**
4. Food should **NOT** be brought to the charter bus when returning from a meal stop.
5. Thermos bottles or coolers are not to be brought on the bus/plane. Cups or can drinks are **NOT** allowed. **Only plastic bottles with a SCREW-ON-CAP are permitted. NO GLASS BOTTLES!**
6. Please **NO** aerosol spray cans (hairspray, etc.) while on the bus.
7. Please check airline guidelines for what you can carry-on the plane. There are some size limits.
8. While in NYC, the charter buses will be your mode of transportation. Please keep it clean by not leaving personal items lying around and by putting all trash in the trash bag/can.
9. Movies are allowed while we travel. **R rated movies as well as PG-13 movies are not allowed, even if it's your own movie, on your own digital device, and you're the only one watching it.**
10. Any damage done to the bus in any way will be the responsibility of **ALL** parties involved.
11. Attendance will be taken **EVERYTIME** we get on the bus. You must sit in your assigned seat during this time. You **MUST** stay in your seat while on the bus at all times.
12. Do not sit on the arms of the seat, stand in the seat, or sit with your knees in the seat.
13. Please keep your cell phone on vibrate or silent while on the bus for the courtesy of others around you.
14. There will be a **"Quiet Time"** during our travel. During this time there will be **NO** movies playing over the bus system. This is to allow those who want to sleep their time to sleep.

Things to take with you

- NO instruments will be needed for this trip.
- Each person may take one (1) suitcase/bag that will be stored under the plane/bus, one (1) small carry-on bag/backpack. **Please only take what is needed. Luggage/Bags/Backpacks will be checked before we leave Benbrook, by Airport Security, and during the trip if we suspect something or feel it is necessary.**
- Comfortable clothes to wear (stay in **FWISD Dress Code Policy**)
- Comfortable walking shoes. You will be on your feet most of the time, all day long. Do not wear brand new shoes to the parks. Your feet will die. Wear broken-in shoes that still have good support. You may want to bring another pair of shoes to alternate each day. Flip-Flops are not recommended. Once your feet start hurting, you will most likely be miserable for the rest of the day and trip.
- Bathroom items such as soap, shampoo, deodorant, toothpaste, etc...
- PJ's (or something to sleep in)
- Movies for the plane ride (optional)
- **Money for meals, snacks, and souvenirs. Budget wisely!!!!**
- Small pillow and blanket for the plane ride (optional and no sharing)
- Cell phone. (If you do not have a cell phone, I suggest getting a cheap-no-plan phone for the trip.)
- In case of an emergency, you must give your cell phone number to Mr. Bryant prior to departure of the trip. All adult chaperones will be given your cell phone number. Again, this is only for safety concerns. If something happens, we need to get in touch with everyone as quickly as possible.
- If you have a cell phone, be sure to put your designated chaperone's cell number in your phone in case of an emergency.
- Extra Cell Phone Battery - Just in case

What NOT to bring with you

- Bathing suit (no swimming at the hotel or anywhere else)
- Drugs of any kind - **this includes vape pens, e-cigs, etc...**
- Alcohol of any kind
- Weapons of any kind, including pocket knives
- Playstations, X-Box, etc... or anything you don't mind losing or being stolen
- **A BAD ATTITUDE (we ALL want to have a great time, including ME!!!!)**

How much money should I bring on the trip? (\$)

Please see the trip itinerary for meals that are included.

I'd suggest bringing about \$25-30 a day for food (again, assuming quick-service lunches). Then bring what you can for souvenirs.

Remember that a breakfast buffet is included at the hotel.

FWISD Guidelines for Field Trips

1. Student Behavior

- a. Students must follow the FWISD Code of Student Conduct and the behavior guidelines in the school's Student Handbook during field trips. Violations of disciplinary rules may result in student being sent home before the end of the trip or other consequences as set for in the Code of Student Conduct and/or the school Student Handbook.
- b. Students are not allowed to operate motor vehicles while on a field trip, even if they are licensed drivers.
- c. Students are subject to all laws of other states or foreign countries while on a field trip. Parents must agree to assume responsibility for any fines or other penalties that may be incurred as a result of a student being arrested or convicted of violating the laws of other states or countries

Also, please understand that it is the student's responsibility to not be a discipline issue not only in band class, but my other classes as well. Multiple/Frequent/Severe discipline issues may result in removal from the trip with forfeiture of any and all payments. You have been warned!

These rules are set up to ensure everyone's safety and enjoyment while on the trip. Failure to comply with any of the rules will result in an office referral upon return to Benbrook Middle-High School. If the action is severe enough, then the student(s) involved will either be confined to their room for 24 hours with a chaperone or be sent home immediately at the student's parent's expense. The parents/guardian will be made aware of the situation before any action is taken. In severe cases, the student will be flown to DFW Airport or Love Field at the parents' expense.

No student will be allowed to travel from Benbrook Middle-High School without the return of the trip contract with his or her signature AS WELL AS the signature of his or her parent or legal guardian.

Also, understand that Benbrook Middle-High School, the Band Boosters/Chaperones, and the Directors will not be responsible for any lost or stolen items while on this trip.

Thank you for your understanding of each rule set forth for this trip. As stated previously, the safety of each student is the main goal during this trip. Please encourage your child to follow each rule accordingly. We want each student and adult to have a great time at New York City, NY.

If you have any questions, please feel free to contact me by email at:

marcus.bryant@fwisd.org

Benbrook High School

Band & Choir
New York, NY
April 15-19, 2020

Day 1, 2020

??AM Arrive at DFW Airport - Attention Parents/Guardians: You are responsible for getting your student to the airport by the scheduled time. I would suggest carpooling to the airport. Please begin planning now.

9:00AM Flight Depart DFW for LGA
1:33PM Flight Arrives at LGA Airport Retrieve Luggage from Baggage Claim
2:30PM Charter Transfers Group to Downtown New York City
3:30PM Arrive in Times Square Shopping in Chaperoned Groups
Enjoy Dinner at Your Own Expense on Times Square in Chaperoned Groups
7:00PM **Broadway Show #1**
9:30PM Depart Times Square
10:30 PM Arrive at Hotel for Check In
11:00 PM Room Check

Day 2, 2020

7:00AM Breakfast at Your Hotel
8:30AM Depart Hotel (Dress for entire day/bring a change of clothes for Broadway Show #2)
10:00AM Begin Your Visit to The Museum of Natural History
Lunch on your Own in Food Court
1:30PM Depart Museum of Natural History
2:00PM Arrive at Rockefeller Plaza
2:30PM Begin Your Visit to the Top of the Rock Observation Deck
3:30PM Walk 5th Avenue to view Rockefeller Center Plaza, Radio City Hall, FAO Schwarz Toy Store, St. Patrick's Cathedral in Chaperoned Groups
5:30PM Depart Rockefeller Plaza for Times Square
6:00PM Dinner at Hard Rock Café in Times Square
7:30PM Line up for Broadway Show #2
8:00PM **Broadway Show #2 Begins**
10:00PM Depart Broadway Show #2 for Hotel
11:00PM Arrive at Hotel
11:30PM Room Check

Day 3, 2020

- 8:00AM Breakfast at Your Hotel
- 9:00AM Depart Hotel for Full Day in New York City
- 10:00AM Driving Tour of Harlem Market, Apollo Theatre, Lincoln Center, Metropolitan Opera House, Time Warner Center, Metropolitan Museum of Art and More
- 10:30AM Arrive at Central Park Walk/Visit the Dakota home of John Lennon
- 12:00PM Depart Central Park for Grand Central Terminal
- 12:30PM Lunch on your own at Grand Central Terminal
- 2:00PM Depart Grand Central Terminal for 9/11 Memorial
- 2:45PM Visit the 911 Memorial Fountains
- 3:30PM 911 Museum Tour Begins
- 5:30PM Depart 9/11 Memorial & Museum for Chelsea Pier
- 6:15PM Line up at Chelsea Pier to board Spirit Dinner Cruise
- 6:30PM Board Spirit of New York Dinner Cruise
- 7:00PM Dinner/Dance Cruise Departs
- 9:30PM Cruise Returns/Depart for Hotel
- 10:30PM Arrive at Hotel
- 11:00PM Room Check

Day 4, 2020

- 8:30AM Breakfast at Your Hotel
- 9:30AM Load Luggage on Bus
- 10:00AM Depart Hotel for LGA Airport
- 11:00AM Check in at Airport/Quick Lunch snack at Airport
- 2:29PM - TBD AA Flight Departs LGA for DFW
- 5:27PM - TBD AA Flight Arrives at DFW Airport
- 6:00PM Claim Luggage
- 6:30PM Parents/Guardians will need to pick-up students at the airport.

PLEASE BE AT SCHOOL TOMORROW!!!